

Youth Engagement and Action for Health!



Club Summary

WHAT BBBS STUDENTS LIKED BEST ABOUT PARTICIPATING IN THE YEAH! GROUP

- I liked how everyone worked together to make the project successful.
- That I could make a change to my community and help the park.
- I got to help-out the community, and learn new skills.
- The group activities and working with others.
- Very cooperative, easy to work together!
- The fun we had.

WHAT BBBS STUDENTS SAW AS BENEFITS FROM BEING MEMBERS OF THE YEAH! GROUP

- Spent time with friends (83%)
- Made a difference, educated others, created change (83%)
- Gifts, prizes, or free stuff (83%)
- Learned new skills (67%)
- Learned about new things (67%)
- Fun (67%)
- Looks good on college applications, transcripts or resumes (50%)
- Community service hours (33%)
- Met new people or friends (33%)
- Got involved in a political issue (17%)



Survey Responses

For the following questions, students were asked to respond Strongly Disagree, Somewhat Disagree, Neutral, Somewhat Agree, Strongly Agree. The graphs below show the percent of students that chose somewhat agree and strongly agree. For reference, we include the response rate for all clubs

Big Brothers Big Sisters Miami

All Clubs



This group allowed me to have a say in planning events or activities.



This group can influence how adults in this community feel about nutrition and physical activity.



Our group is united to make our school and community a better place for being physically active and eating healthy.



Since I started this project, I understand a lot more about what changes are needed to make my school or community a better place for being physically active and eating healthy.



Since I started this project, I am more confident in my ability to communicate with decision-makers about the kinds of changes we need to make our school or community a better place for being physically active and eating healthy.



I plan to continue to work for change in my school or community after this project is over.

