

Youth Engagement and Action for Health!



Club Summary

WHAT PENOBSCOT BGC YOUTH LIKED BEST ABOUT PARTICIPATING IN THE YEAH! GROUP

- I liked that we were getting things done so no one got hurt.
- Learn new things that can help in my community.
- Cleaning and helping our community.
- I get to be me and be comfortable.
- The change to change something.
- Working together.
- Have some fun.

WHAT PENOBSCOTT BGC YOUTH SAW AS BENEFITS FROM BEING MEMBERS OF THE YEAH! GROUP

- Fun (89%)
- Gifts, prizes, or free stuff (67%)
- Spent time with friends (56%)
- Learned about new things (56%)
- Learned new skills (44%)
- Made a difference, educated others, created change (22%)
- Got involved in a political issue (22%)
- Looks good on college applications, transcripts or resumes (11%)
- Community service hours (11%)
- Met new people or friends (0%)



Survey Responses

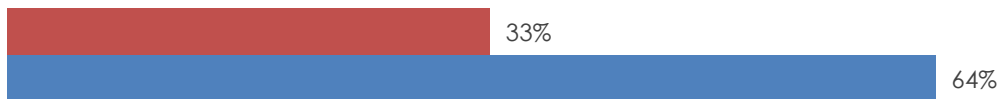
For the following questions, students were asked to respond Strongly Disagree, Somewhat Disagree, Neutral, Somewhat Agree, Strongly Agree. The graphs below show the percent of students that chose somewhat agree and strongly agree. For reference, we include the response rate for all clubs

Boys and Girls Club – Presque Isle

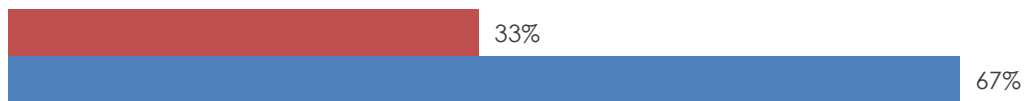
All Clubs



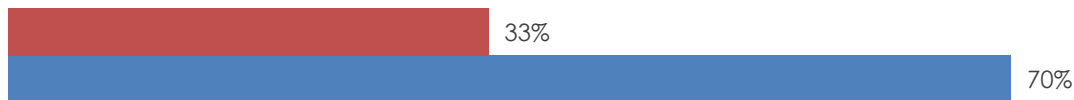
This group allowed me to have a say in planning events or activities.



This group can influence how adults in this community feel about nutrition and physical activity.



Our group is united to make our school and community a better place for being physically active and eating healthy.



Since I started this project, I understand a lot more about what changes are needed to make my school or community a better place for being physically active and eating healthy.



Since I started this project, I am more confident in my ability to communicate with decision-makers about the kinds of changes we need to make our school or community a better place for being physically active and eating healthy.



I plan to continue to work for change in my school or community after this project is over.

