

# Youth Engagement and Action for Health!



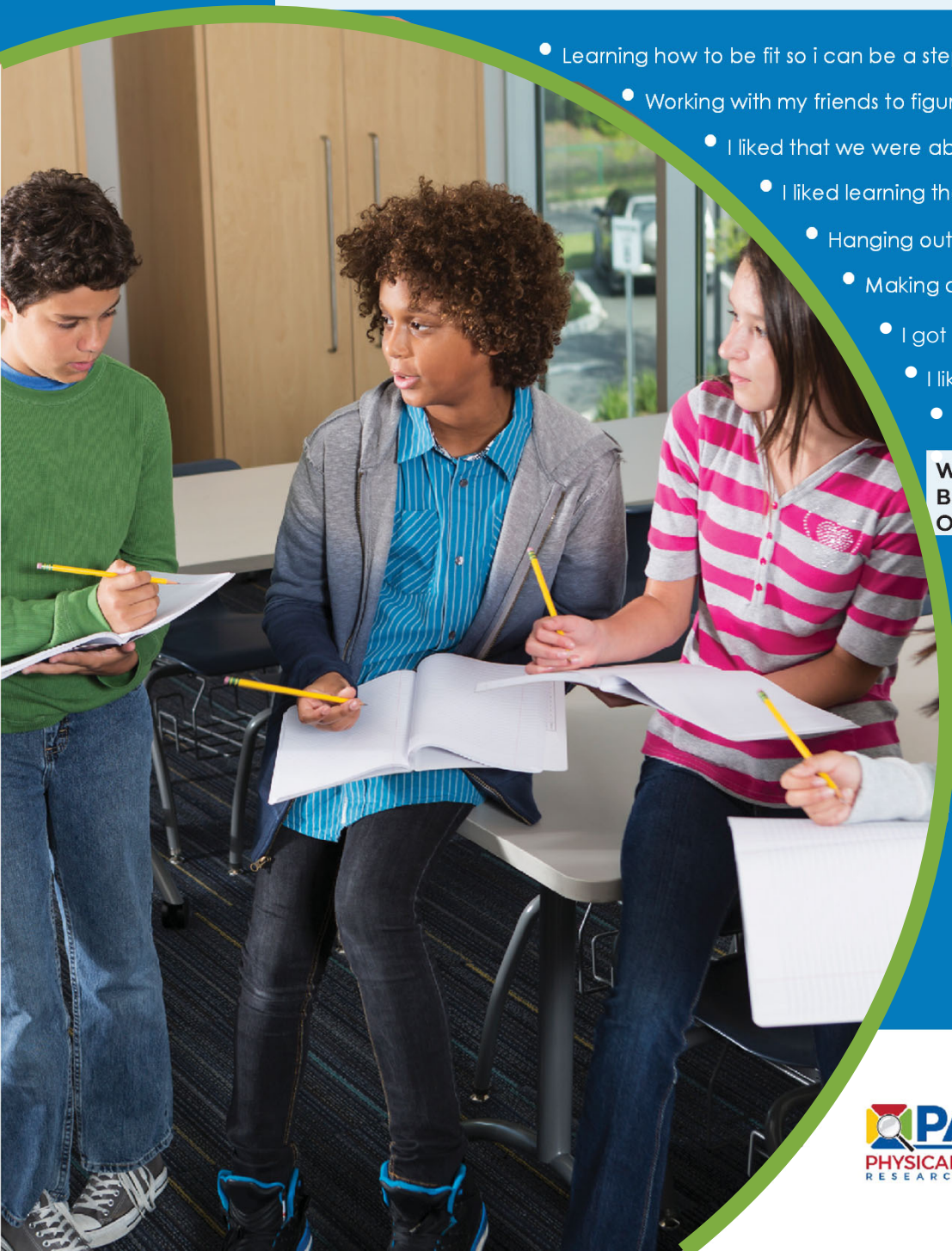
## Club Summary

### WHAT BGC-MAUI STUDENTS LIKED BEST ABOUT PARTICIPATING IN THE YEAH! GROUP

- Learning how to be fit so i can be a step closer to being a NBA player.
- Working with my friends to figure things out and do it together.
- I liked that we were able to be able to have a say in something.
- I liked learning the importance about staying healthy.
- Hanging out with friends and learning new things.
- Making a speech to our club director.
- I got to learn about healthy foods.
- I like meeting new people.
- How to change our future.

### WHAT BGC-MAUI STUDENTS SAW AS BENEFITS FROM BEING MEMBERS OF THE YEAH! GROUP

- Learned new skills (82%)
- Learned about new things (82%)
- Spent time with friends (76%)
- Fun (71%)
- Gifts, prizes, or free stuff (59%)
- Looks good on college applications, transcripts or resumes (35%)
- Made a difference, educated others, created change (29%)
- Community service hours (24%)
- Got involved in a political issue (18%)
- Met new people or friends (18%)



# Survey Responses

For the following questions, students were asked to respond Strongly Disagree, Somewhat Disagree, Neutral, Somewhat Agree, Strongly Agree. The graphs below show the percent of students that chose somewhat agree and strongly agree. For reference, we include the response rate for all clubs

Boys and Girls Club of Maui



All Clubs



This group allowed me to have a say in planning events or activities.



This group can influence how adults in this community feel about nutrition and physical activity.



Our group is united to make our school and community a better place for being physically active and eating healthy.



Since I started this project, I understand a lot more about what changes are needed to make my school or community a better place for being physically active and eating healthy.



Since I started this project, I am more confident in my ability to communicate with decision-makers about the kinds of changes we need to make our school or community a better place for being physically active and eating healthy.



I plan to continue to work for change in my school or community after this project is over.

