

# Youth Engagement and Action for Health!



## Club Summary

### WHAT BGC OCEANSIDE YOUTH LIKED BEST ABOUT PARTICIPATING IN THE YEAH! GROUP

- I like that I can talk about other things like my school and my community.
- I got to have fun with friends and learn about the community.
- I like how the staff are so nice and everyone works together.
- We tried different things everyday and it was always fun.
- I got to learn new things and joined new activities.
- We got to go places and we got to be a leader.
- What I liked was helping with community work.
- What I liked was helping with community work.
- People listen to me and they were nice.

### WHAT BGC OCEANSIDE YOUTH SAW AS BENEFITS FROM BEING MEMBERS OF THE YEAH! GROUP

- Spent time with friends (100%)
- Met new people or friends (89%)
- Learned about new things (84%)
- Learned new skills (79%)
- Fun (79%)
- Gifts, prizes, or free stuff (68%)
- Made a difference, educated others, created change (53%)
- Looks good on college applications, transcripts or resumes (37%)
- Got involved in a political issue (26%)
- Community service hours (26%)



# Survey Responses

For the following questions, students were asked to respond Strongly Disagree, Somewhat Disagree, Neutral, Somewhat Agree, Strongly Agree. The graphs below show the percent of students that chose somewhat agree and strongly agree. For reference, we include the response rate for all clubs

Boys and Girls Club of Oceanside



All Clubs



This group allowed me to have a say in planning events or activities.



This group can influence how adults in this community feel about nutrition and physical activity.



Our group is united to make our school and community a better place for being physically active and eating healthy.



Since I started this project, I understand a lot more about what changes are needed to make my school or community a better place for being physically active and eating healthy.



Since I started this project, I am more confident in my ability to communicate with decision-makers about the kinds of changes we need to make our school or community a better place for being physically active and eating healthy.



I plan to continue to work for change in my school or community after this project is over.

