

Youth Engagement and Action for Health!



Club Summary

WHAT ABUNDANT LIFE YOUTH LIKED BEST ABOUT PARTICIPATING IN THE YEAH! GROUP

- Everybody was in it and we all agreed on things.
- Having fun with all the people involved.
- Help building a brotherhood.
- Meeting new people and hanging out with friends.
- That I made new friends in different grades.
- The fun and brotherness.
- The hard work.

WHAT ABUNDANT LIFE YOUTH SAW AS BENEFITS FROM BEING MEMBERS OF THE YEAH! GROUP

- Spent time with friends (100%)
- Fun (100%)
- Learned new skills (91%)
- Met new people or friends (91%)
- Learned about new things (82%)
- Gifts, prizes, or free stuff (55%)
- Made a difference, educated others, created change (45%)
- Looks good on college applications, transcripts or resumes (45%)
- Community service hours (36%)
- Got involved in a political issue (9%)



Survey Responses

For the following questions, students were asked to respond Strongly Disagree, Somewhat Disagree, Neutral, Somewhat Agree, Strongly Agree. The graphs below show the percent of students that chose somewhat agree and strongly agree. For reference, we include the response rate for all clubs

Abundant Life Youth Group

All Clubs



This group allowed me to have a say in planning events or activities.



This group can influence how adults in this community feel about nutrition and physical activity.



Our group is united to make our school and community a better place for being physically active and eating healthy.



Since I started this project, I understand a lot more about what changes are needed to make my school or community a better place for being physically active and eating healthy.



Since I started this project, I am more confident in my ability to communicate with decision-makers about the kinds of changes we need to make our school or community a better place for being physically active and eating healthy.



I plan to continue to work for change in my school or community after this project is over.

