

GLADES MIDDLE SCHOOL

Youth Engagement and Action for Health!



Club Summary

WHAT GLADES STUDENTS LIKED BEST ABOUT PARTICIPATING IN THE YEAH! GROUP

- I liked feeling as if I could take control and persuade others to make a difference.
- I get to work together with my group and make a change.
- I liked best when we shared our ideas, and when we presented.
- I liked doing the right thing to make the environment better.
- I was able to work on public policy issues with my friends.
- I learned a lot about leadership and teamwork.
- I like meeting new people and getting food.
- I have a say in things.
- I got snacks at the end.

WHAT GLADES STUDENTS SAW AS BENEFITS FROM BEING MEMBERS OF THE YEAH! GROUP.

- Made a difference, educated others, created change (75%)
- Learned new skills (68%)
- Learned about new things (64%)
- Spent time with friends (61%)
- Fun (61%)
- Gifts, prizes, or free stuff (50%)
- Looks good on college applications, transcripts or resumes (45%)
- Met new people or friends (41%)
- Got involved in a political issue (18%)
- Community service hours (16%)



Survey Responses

For the following questions, students were asked to respond Strongly Disagree, Somewhat Disagree, Neutral, Somewhat Agree, Strongly Agree. The graphs below show the percent of students that chose somewhat agree and strongly agree. For reference, we include the response rate for all clubs

Glades Middle School



All Clubs



This group allowed me to have a say in planning events or activities.



This group can influence how adults in this community feel about nutrition and physical activity.



Our group is united to make our school and community a better place for being physically active and eating healthy.



Since I started this project, I understand a lot more about what changes are needed to make my school or community a better place for being physically active and eating healthy.



Since I started this project, I am more confident in my ability to communicate with decision-makers about the kinds of changes we need to make our school or community a better place for being physically active and eating healthy.



I plan to continue to work for change in my school or community after this project is over.

